

JANUARY

# Winkleberry Farm



## WHAT'S INSIDE?

- What's growing on the farm?
- Snow Flake Facts
- Recyclable Art Activity
- MUCH MORE!

## PERRY COUNTY GROWS

- Who's Who in Perry County?
- Perry County Grows Events
- Conservation Education
- MUCH MORE!

Kids  
EDUCATION SERIES

# Welcome!

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**WINKLEBERRYFARM@GMAIL.COM**



# What's Inside?

Pg. 5- What is Growing on the Farm?

Pg. 6- Craft

Pg. 7- Snack Time Recipe

Pg. 8- Snow Facts

Pg. 9- Nature Art Craft

Pg. 10-11- Conservation Education

Pg. 12- Perry County Section

Pg. 13- Perry County Grows

Pg. 14- Perry County Grows

Pg. 15- Who's Who in Perry County

Pg. 16 Perry County Activity

Pg. 17-18- Perry County Trivia

Pg. 19-20- Perry County Activity and Education

Pg. 21-22-Calendar of Events

Pg. 23-24- Sponsor Page

# WHAT'S GROWING ON THE FARM?

Take a look at what is growing on the Farm!



## Lemon Balm

Lemon balm (*Melissa officinalis*), a perennial herb in the mint family, is widely used for its calming medicinal properties, culinary versatility, and practical household applications. Its leaves have a mild lemon aroma due to essential oils like citronellal and rosmarinic acid.

### Medicinal Uses

Lemon balm has a long history in traditional medicine and is available as teas, capsules, tinctures, creams, and oils.

- **Anxiety and Stress Relief:** It is most popular for its calming and uplifting effects on the nervous system, helping to reduce stress, anxiety, and nervousness.
- **Cognitive Function:** Studies have indicated that lemon balm may improve mood, alertness, memory, and concentration.

### Culinary Uses

Fresh lemon balm leaves have the most flavor and can be used in a variety of dishes and beverages.

### Other Household Uses

- **Insect Repellent:** The essential oils in the plant act as a natural insect repellent; rubbing fresh leaves on the skin or using an infused spray can help deter mosquitoes.
- **Gardening:** The plant attracts bees, making it a valuable addition to pollinator-friendly gardens.

# MAKE YOUR OWN BIRDSEED!

## What You'll Need:

### Make Your Own Bird Suet Holder Recipe (Pg.9)

1 cup melted coconut oil  
 $\frac{1}{4}$  -  $\frac{1}{2}$  cup of any of the following  
ingredients: Oats, Cornmeal,  
Peanut Butter(Natural), Seeds  
(pumpkin, sunflower), Bread  
Crumbs, Dried Fruit (raisins,  
craisins, etc.)  
Millet, Eggshells, Coconut flakes,  
Almonds (chopped)



## Directions:

1. Fill microwave safe container with coconut oil. ( With adult help, microwave until melted.)
2. Mix additional ingredients into melted oil.
3. Spoon mixture into homemade Suet Holder (SEE PAGE 9)
4. Place in freezer for at least 2 hours or until frozen.
5. Take suet out of freezer and hang outside.

Enjoy watching birds devour your delicious buffet!

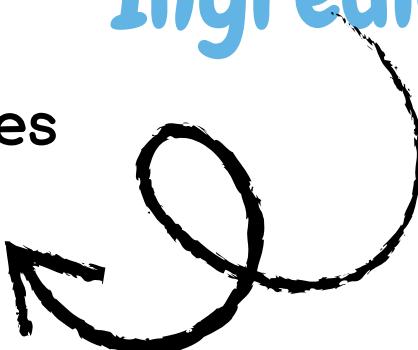


# SNACK TIME!

## Cheesy Snowmen

### Ingredients

- Cheese cut into cubes
- Grapes
- Pretzel Sticks



### Assembly

**Step 1:** Cut cheese into cubes and cut tops off of several grapes.

**Step 2:** Take a pretzel stick and slide cheese cubes on. Turn each cheese cube as shown in picture. Make sure to leave part of pretzel stick exposed at top for grape!

**Step 3:** Add grape to top.

**Step 4:** Break a pretzel stick in half and add to cubes for arms as shown.





# Snow Flake Facts!!

## ❄ Cool Facts About Snowflakes ❄

Did you know every snowflake tells its own tiny winter story? ☁ Here are a few frosty facts to share:

✨ No two are exactly alike

Snowflakes form as water vapor freezes around a speck of dust. Changes in temperature and humidity create endless patterns—nature's own fingerprints!

❄ They start as dust

Every snowflake begins with a microscopic particle like pollen, ash, or dust floating in the air.

weathermap Weather shapes the design

Warmer air makes thin, delicate branches, while colder temps create thicker, chunkier shapes.

🔬 Six-sided symmetry

Snowflakes always have six sides because of how water molecules bond as they freeze.

☁ Not always white

Snowflakes are actually clear—they only look white because light reflects off their many surfaces.

Next time it snows, catch a flake and look closely—you're holding a tiny, one-of-a-kind work of art! ❄✨



# MAKE YOUR OWN RECYCLED SUET HOLDER!



## Directions:

- Gather your supplies: Orange, String, rope, wire, or binder twine, a nail and a spoon.
- STEP ONE: Take half of an orange and (if it isn't already cleaned out), take a spoon and dip out the insides, leaving an orange rind bowl.
- STEP TWO: Take your nail and (with help from an adult), poke two holes an equal distance apart on opposite sides of the orange. So two on one side and two on the opposite side.
- STEP THREE: Take your homemade birdseed and scoop into the orange bowl.
- STEP FOUR: Place in freezer for 2 hours or until frozen.
- STEP FIVE: Remove from freezer and add your string or wire through the holes. Bring them together in the center of the orange so you can hang the orange in a branch.
- STEP SIX: Find a branch to hang your orange feeder and enjoy!



# CONSERVATION EDUCATION

**Snow isn't just winter's decoration** ❄️  
**—it's nature's fertilizer.**

As snow melts, it slowly releases moisture deep into the soil, carrying nitrogen and minerals from the air straight to plant roots. This gentle soaking prevents erosion, protects seeds, and feeds the earth long before spring arrives.

What looks like a cold, quiet season is actually nature preparing the ground for new life.





# CONSERVATION EDUCATION

*Meet the...*

## DARK EYED JUNCO

Often called “SNOWBIRDS,” these little gray and white birds show up as winter settles in, hopping along the ground in flocks. Their arrival is nature’s way of saying cold weather is here.

Juncos love fallen seeds, prefer low feeders or open ground, and flash their white tail feathers as they fly. Small but hardy, they remind us that even in the quiet of winter, life is still busy and beautiful.



# Perry County

SECTION

- PERRY COUNTY GROWS
- WHO'S WHO IN PERRY CO.
- PERRY COUNTY TRIVIA
- PERRY COUNTY EVENTS





PERRY COUNTY  
GROWS!

# For More Information:



PERRY COUNTY  
**GROWS**

## Mission Statement

To cultivate a community rooted in wellness and sustainability by connecting people to locally sourced food and drink, natural products and education.

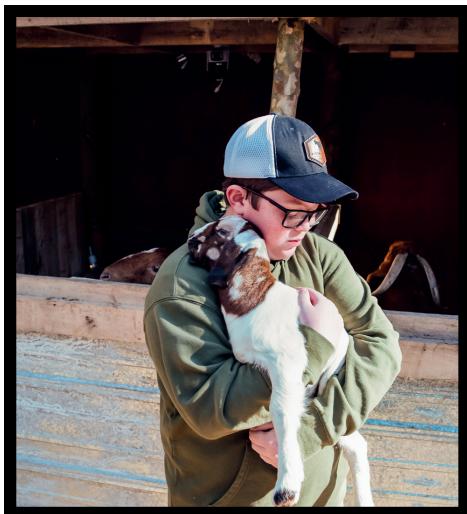
Email:  
[canneltongrows@gmail.com](mailto:canneltongrows@gmail.com)

# WHO'S WHO IN PERRY COUNTY

## AIDEN ACRES →

### A LITTLE ABOUT OURSELVES...

We are John, Mary, and Elijah Woods, the owners of Aiden Acres Boer Goats. Our journey into raising Boer goats began when our son developed an interest in 4-H, and that passion quickly grew into our family's involvement in the goat life.



How long have you  
lived in Perry  
County?

All three of us were born  
and raised in Perry County,  
and we wouldn't choose  
anywhere else.



What is your favorite  
part about living in  
Perry County?

One of the things we love  
most about our community is  
our Perry County 4-H  
program and the incredible  
opportunities it provides for  
the kids in our county. We're  
proud to be part of a place  
that invests so strongly in its  
youth and agriculture.

**Do you know someone that should  
be recognized?**

**Nominate a  
Perry County Resident!**

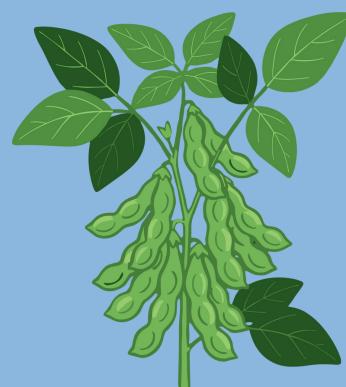
**Email: [winkleberryfarm@gmail.com](mailto:winkleberryfarm@gmail.com)**

# Test Your Knowledge

Circle the top (3) crops grown in Perry County (According to the USDA 2022 Census)



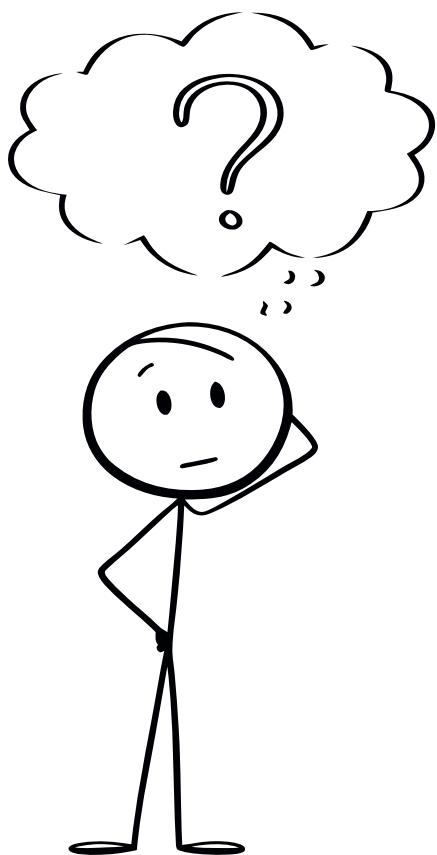
Use a Black Crayon



# Perry County



## Who is Perry County named after?



# Perry County



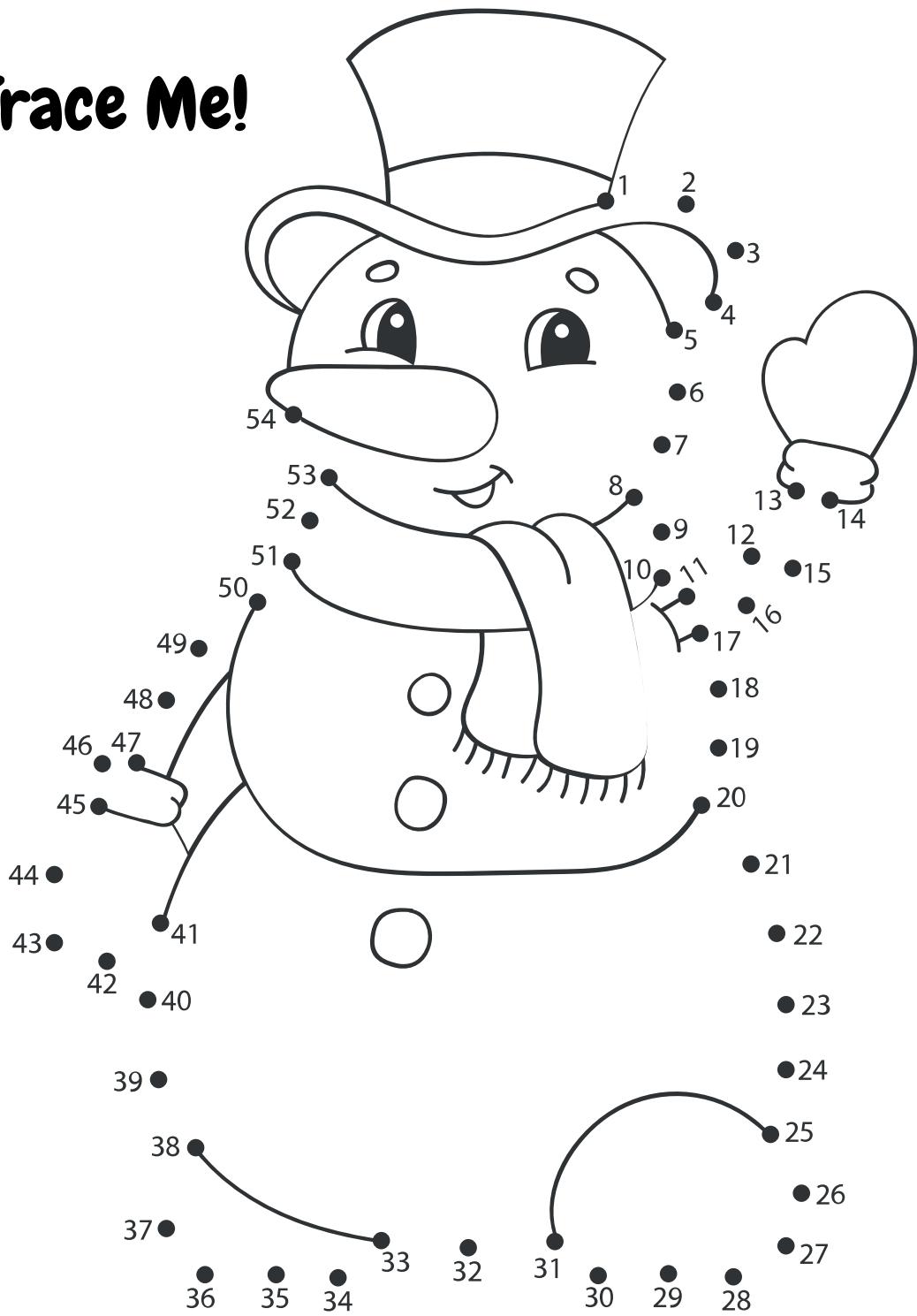
## ANSWER

**Perry County, Indiana, was named after the War of 1812 hero, Commodore Oliver Hazard Perry.**



# Activity

Trace Me!



What is the average snow fall in Perry County?

# I Wonder.....?

## What is the average snow fall in Perry County?

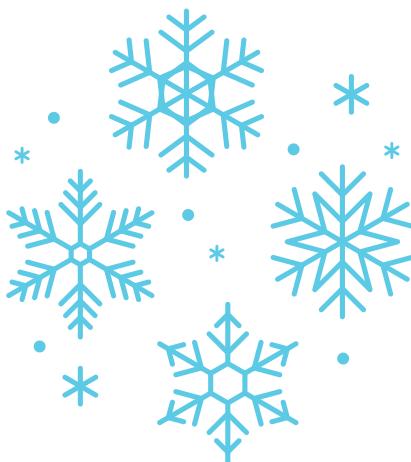
Perry County, Indiana, being in Southern Indiana, generally sees less snow than northern parts of the state.

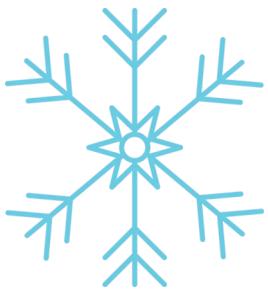
Specific averages around Cannelton shows a peak of about 3.7 inches in early February, and annual totals likely much lower than Indiana's state average of 21 inches, though precise county-wide data is scarce, suggesting moderate, inconsistent snowfall.

### Key Points:

General Trend: Southern Indiana, where Perry County is located, receives less snow than northern counties, but an average between 6-8 inches is possible.

Snowiest Months: January, February, and December usually see the most snow statewide.





**2026**

**JANUARY**

SUN MON TUE WED THU FRI SAT

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



# EVENTS

## Perry County Grows New Hours

Starting January 9th-

Sunday 12-5  
Monday 3-5  
Tuesday 8-5  
Wednesday 3-5  
Thursday 3-5  
Friday 8-5  
Saturday 8-5

## Tell City Public Library

January 14th- 11:30 @ Cannelton Branch  
Little Cookbook Club

## Tell City Regional Arts- Learn Pottery!

January 21<sup>st</sup>- 3pm-6:30 pm  
1020 11<sup>th</sup> St. Tell City  
Call for Details!

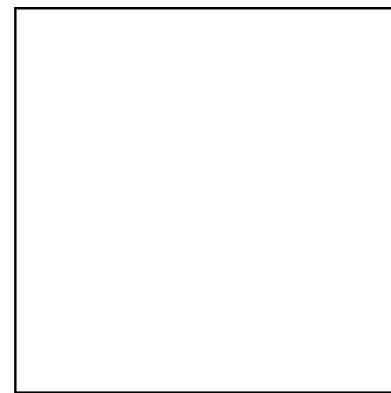
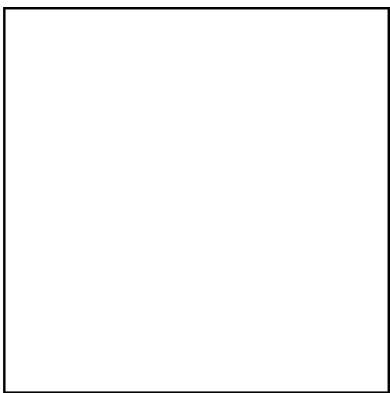
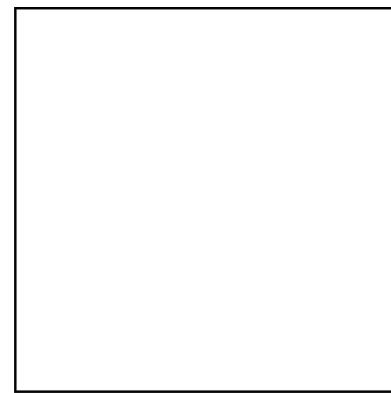
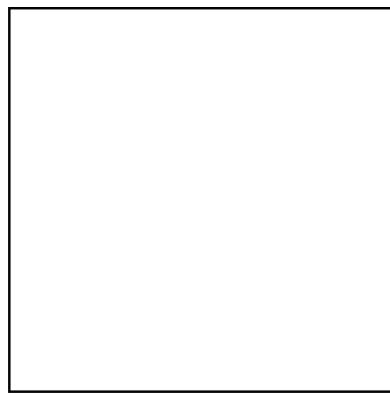
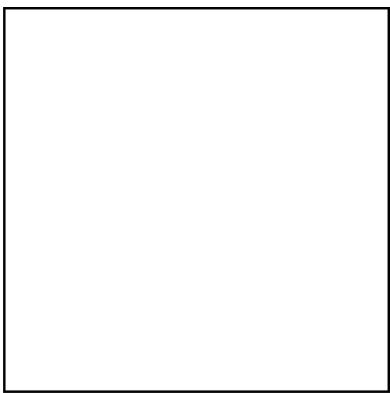
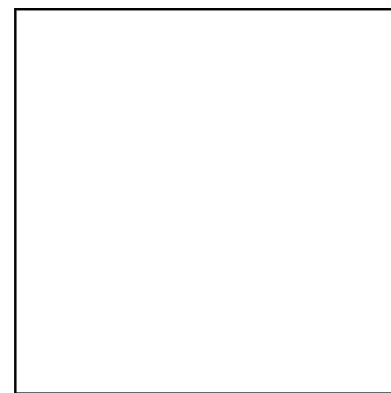
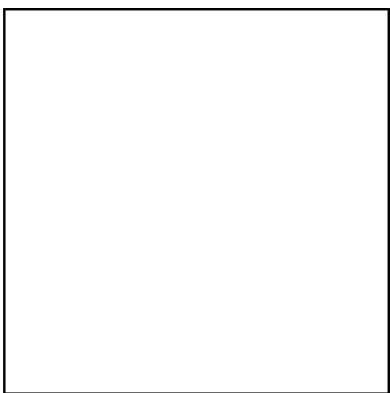
## Tell City Public Library

January 22nd- 4:45 pm @ Cannelton Branch  
Make a Vintage Snowman!  
Call (812) 547-6028 For Details and to Register

Do you have an event to add? Contact us!

This Newsletter was made possible  
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WINKLEBERRY FARM  
[winkleberryfarm@gmail.com](mailto:winkleberryfarm@gmail.com)

